

# 2023-2024 PARENT/GUARDIAN AND STUDENT-ATHLETE MEETING

## INTRODUCTIONS

BRIAN M. CHENGER — PRINCIPAL & DIRECTOR OF ATHLETICS, ACTIVITIES & COMPLIANCE

DAVE RODE — HIGH SCHOOL FACULTY MANAGER

LISA LUCIANI - MIDDLE SCHOOL FACULTY MANAGER

MEGHAN GEHR— ATHLETICS, ACTIVITIES & COMPLIANCE SECRETARY

COURTNEY KRUSCAVAGE & JACK BIXLER -

ATHLETIC TRAINER (LANCASTER GENERAL MEDICAL GROUP — PENN MEDICINE)

### **Mr. Brian Chenger - Director of Athletics, Activities, and Compliance**

Mr. Chenger has a B.S. in Health and Physical Education from West Chester University and a M. Ed. in Educational Leadership and K-12 Principal Certification from The Pennsylvania State University. He is also a Registered Athletic Administrator through the National Interscholastic Athletic Administration Association (NIAAA). In addition to serving the CASD, he has also served as a PIAA appointed contest manager for 50+ PIAA and District One playoff games. Prior to coming to Coatesville in 2006, he served as the Varsity Baseball Coach, on the Basketball Staff, and Game Manager/Worker at a neighboring school district.

**Email:** [chengerb@casdschools.org](mailto:chengerb@casdschools.org)



### **Mr. Dave Rode - High School Faculty Manager**

Mr. Dave Rode has been involved in the CASD for 53 years. He received his B.S in Social Studies from Acadia University, Nova Scotia, and proceeded to serve as a Social Studies teacher in the Coatesville Area Intermediate High School for 35 years. He has been in his current position as Faculty Manager for 45 years, and during the years also served as the 9th Grade Soccer Coach, JV Soccer Coach, 9th Grade Basketball Coach, and Assistant Varsity Basketball Coach.

**Email:** [roded@casdschools.org](mailto:roded@casdschools.org)



### **Ms. Lisa Luciani - Middle School Faculty Manager**

Ms. Luciani received her B.S in Health and Physical Education from East Stroudsburg University, an M.S in Curriculum Instruction from University of Scranton, and an M.S in Educational Leadership/Sports Administration from University of Michigan. Ms. Luciani has worked within the CASD for 19 years as a Physical Education Teacher. Previously, she served as the Assistant Swim Coach, and Assistant Softball Coach, before developing into her current role now.

**Email:** [lucianil@casdschools.org](mailto:lucianil@casdschools.org)



### **Ms. Meghan Gehr - Athletics and Activities Assistant**

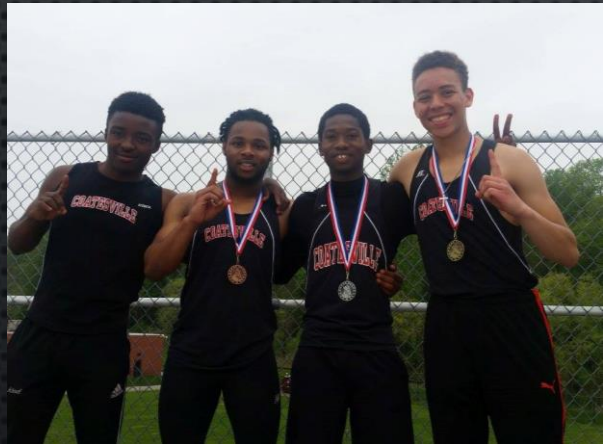
Ms. Gehr received her B.S in Exercise Science from Bloomsburg University and competed as a Division II Volleyball Student Athlete. While receiving her Bachelor's, Ms. Gehr completed her internship in Athletic Administration for the NCAA Division III Centennial Conference. Within the CASD, Ms. Gehr also serves as a Game Manager and a C.A.L.C advisor. Outside of the CASD, Ms. Gehr coaches volleyball at the Parkesburg Point and is the Head Volleyball Coach at her Alma Mater in Lancaster, PA.

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# COATESVILLE AREA SCHOOL DISTRICT ATHLETICS AND CO-CURRICULAR STRATEGIC PLAN



**JUNE 2021 - JUNE 2024**



# Steering Committee

**39 members** representing students, parents, teachers, administrators, coaches, advisors and community members.

## Coaches

NAME	ROLE
Scott Barker	Girls Basketball Head Coach (CASH)
Jaimie Blankley	MS Health & PE Teacher, MS Girls Track Coach & MS Student Council Advisor
Alain Foster	MS Boys Soccer Coach
Damien Henry	Boys Indoor & Outdoor Track Head Coach (CASH)
Lisa Luciani	MS Faculty Manager, Assistant Swim & Softball Coach (CASH)
Dave Morris	Head Swim Coach (CASH)
Matt Ortega	Head Football Coach (CASH)
Doreen Taylor	Field Hockey Head Coach (CASH), Vice President of Coatesville Area Teachers Association (CATA)

## Club/Program Advisors

NAME	ROLE
Christine Claypoole	HS Math Teacher, CASH Student Council Advisor
Nicole Jordan	National Honor Society Advisor (CASH)
Julie Pinnix-Smith	German Club Advisor (CASH)
Christopher Sidoli	AFJROTC Instructor



# Steering Committee

## Parents

NAME	ROLE
Dara Crane	Parent, Elementary PTO President
Josh Crans	Parent, Bridge Academy Director
Joe Regenski	Parent, Western Chester County Chamber of Commerce Board Member
Robin Seagreaves	Parent, Community Member, Coatesville Community & Area Parents (CCAP)

## Sports Booster

NAME	ROLE
Kristie Weaver	President Baseball Booster Club

## Students

NAME	ROLE
Nyelle Clark	MS Student
Takiyah Lynch	MS Student
Sarah McManamon	HS Student
Abdul Stewart	HS Student
Nariyah Wilson	HS Student

## Music Boosters

NAME	ROLE
Gabe Hughes	Band Director (CASH)
David Williams	President of Coatesville Parent Music Club



# Steering Committee

## Administrators

NAME	ROLE
Brian Chenger	Director of Athletics and Activities
Alex DiGuiseppe	MS & HS Drama Director
Jill Hammond	Athletics/Activities Secretary
Tomas Hanna	CASD Superintendent
Chris Jahnke	6 <sup>th</sup> Grade Building Principal
Cliff Maloney	Coatesville Area Intermediate HS Principal
Bridgette Miles	Elementary Principal
Eugenia Roberts	North Brandywine MS Principal
Michele Snyder	CASH Principal

## Community and Board Partners

NAME	ROLE
Jarvis Berry	Executive Director of the Coatesville Youth Initiative
Stefon Hines	President of Coatesville Kid Raiders
James Logan	Assistant City Manager for the City of Coatesville
Robert Smith	Community Member, Academy Sports Complex
Carl Smith	Retired CASD Teacher & Administrator, Coatesville Hall of Fame Committee Member
Mark Winther	President of Caln Little League of the Coatesville Area





# Mission and Vision Statement

## *MISSION STATEMENT*

THE ATHLETIC AND CO-CURRICULAR PROGRAMS IN THE COATESVILLE AREA SCHOOL DISTRICT DEVELOP POSITIVE CULTURE, CELEBRATE OUR RICH DIVERSITY, INSTILL PRIDE IN OUR STUDENTS AND COMMUNITY AND INSPIRE EVERY STUDENT TO STRIVE FOR EXCELLENCE AS AN INDIVIDUAL AND A TEAM MEMBER.

## *VISION STATEMENT*

THE ATHLETIC AND CO-CURRICULAR PROGRAMS IN THE COATESVILLE AREA SCHOOL DISTRICT WILL BE AMONG THE PREMIER PROGRAMS IN THE STATE OF PENNSYLVANIA. WE ENVISION EVERY STUDENT ACTIVELY ENGAGED IN AT LEAST ONE CLUB, ORGANIZATION, ACTIVITY OR ATHLETIC PROGRAM EVERY ACADEMIC YEAR. WE WILL CREATE THIS CULTURE OF EXCELLENCE BY PROMOTING YOUTH DEVELOPMENT, STRENGTHENING OUR K-12 FAMILY, CULTIVATING CORE VALUES AT ALL AGE LEVELS, USING THE SKILLS LEARNED IN THESE CO-CURRICULAR ACTIVITIES AS A VEHICLE TO ENGAGE STUDENTS IN PREPARING FOR THEIR FUTURE, ENGAGING THE COMMUNITY AND EMBRACING COATESVILLE PRIDE AND TRADITIONS.



# Core Values

IN THE STUDENTS, PROGRAMS, COMMUNITY AND TRADITIONS.

## **PRESERVATION**

HONORING THE TRADITIONS AND PRACTICES OF THE PAST WITH A VISION TOWARD THE FUTURE.

## **INTEGRITY**

TAKING RESPONSIBILITY AND DOING THE RIGHT THING.

## **DIVERSITY**

WELCOMING AND INCLUSIVE TO ALL, FOSTERING STRONG CONNECTIONS WITH EVERY STUDENT.

## **EXCELLENCE**

OUTSTANDING IN THE CLASSROOM, ON THE FIELD AND IN THE COMMUNITY.

## **EQUITY**

ACCESS FOR EVERY STUDENT TO PARTICIPATE AND SUPPORT FOR THEM TO FLOURISH.

## **COMMUNITY**

businesses to unify and support all programs.

ENGAGE AND VALUE STUDENTS, PARENTS, TEACHERS, FRIENDS, ALUMNI, COMMUNITY ORGANIZATIONS AND



# Data Collection



Held multiple focus groups that included parents, students, staff and community

## Surveys

1,546 students, 543 parents, 113 staff, 242 community members

**Totaling 2,444 responses**

## Internal Needs Assessment






Developed by the National Interscholastic Athletic Administrators Association (NIAAA)



TOTALING 2,444 RESPONSES



# Overall Strengths

-  STUDENTS REPORT THAT CO-CURRICULAR ACTIVITIES ARE FUN AND ALLOW THEM TO MAKE FRIENDS WHILE LEARNING SOMETHING NEW OR DOING SOMETHING THEY LOVE.
-  THERE ARE A VARIETY OF DIVERSE OPPORTUNITIES AVAILABLE FOR STUDENTS AT THE HIGH SCHOOL LEVEL.
-  COACHES AND ADVISORS ARE DEDICATED AND PASSIONATE ABOUT THEIR SPORT OR CLUB.
-  OVERALL SATISFACTION WITH THE EXISTING PROGRAMS IS HIGH AMONG THOSE WHO PARTICIPATE.
-  COATESVILLE PRIDE IS STRONG IN THE COMMUNITY.



# Recommendations



EXPLORE PERCEPTION OF EQUITY ISSUES AS THEY RELATE TO SUPPORT FOR, OR LACK THEREOF, CLUBS/ACTIVITIES VS. ATHLETICS.



EXPLORE PERCEPTION OF LOGO/MASCOT AND CONSIDER ALTERNATIVES.



EXPLORE FUNDING OPTIONS TO IMPROVE AND MAINTAIN FACILITIES ACROSS THE DISTRICT.



INCREASE COMMUNICATION BETWEEN THE DISTRICT, PARENTS, STUDENTS, ALUMNI, COACHES AND ADVISORS.



EXPLORE ADDITIONAL OPPORTUNITIES FOR STUDENT PARTICIPATION, SPECIFICALLY IN GRADES K-8.



# Goal 1:

Increase advertising, promotion, recognition and communication of all athletics and co-curricular activities K-12.

## *INDICATOR OF EFFECTIVENESS:*

- ATHLETICS/CO-CURRICULAR ACTIVITIES HIGHLIGHTED ON THE MORNING ANNOUNCEMENTS - MINIMUM OF **2 TIMES PER WEEK** AT CAIHS AND CASH
- **2 STUDENTS PER MONTH** RECOGNIZED IN STUDENT SPOTLIGHT IN EVERY BUILDING
- **2 SOCIAL MEDIA POSTS PER WEEK** IN YEAR 1, **3 POSTS PER WEEK** IN YEAR 2 AND **4 POSTS PER WEEK** IN YEAR 3 IN ALL BUILDINGS



# Strategies and Action Steps

- ✓ WEEKLY COMMUNICATION VIA ANNOUNCEMENTS AND BLASTS.
- ✓ UPDATE OR CREATE HANDBOOKS FOR COACHES, ADVISORS, STUDENTS AND BOOSTERS.
- ✓ DEVELOP PUBLIC RELATIONS ROLE AND SOCIAL MEDIA ACCOUNTS.
- ✓ MONTHLY STUDENT SPOTLIGHTS.
- ✓ RECOGNITION NIGHTS FOR ELEMENTARY SCHOOLS, YOUTH ORGANIZATIONS AND STUDENT MUSIC PROGRAMS AT HIGH SCHOOL EVENTS.



## Goal 2:

Increase the offerings of clubs/activities K-12 and the opportunity for greater participation, with a specific focus on K-8, to meet the needs, interests and abilities of the entire student body.

### *Indicator of Effectiveness:*

- Increase student participation in athletics and activities by **5% each of the 3 years** from a baseline collected in 2018-19







# Strategies and Action Steps

- ✓ PARTNER WITH FEEDER PROGRAMS TO SUPPORT THE TEACHING OF DIFFERENT SPORTS IN THE K-6 PHYSICAL EDUCATION CURRICULUM AND OFFER AFTER SCHOOL SPORTS CLINICS FOR K-6 GRADE STUDENTS.
- ✓ CONDUCT ANNUAL COACHES' CLINIC FOR YOUTH COACHES.
- ✓ PARTNER WITH COMMUNITY ORGANIZATIONS TO DEVELOP SCIENCE/STEM/ART/DRAMA, ETC. PROGRAMS IN THE SCHOOLS, FOCUSING ON K-8.
- ✓ EXPAND MUSIC PROGRAMS FOR ELEMENTARY THROUGH MIDDLE SCHOOL TO INCREASE PARTICIPATION AND BETTER PREPARE STUDENTS FOR HIGH SCHOOL LEVEL MUSIC PROGRAMS.
- ✓ EXPAND MULTI-DAY CAMP OPPORTUNITIES FOR STUDENTS IN GRADES 5-8 TO FOCUS ON SPORTS OR OTHER ACTIVITIES (I.E., ART, DRAMA, MUSIC).
- ✓ INTRODUCE FALL, WINTER, SPRING INTRAMURAL PROGRAMS AND CLUBS AT THE ELEMENTARY BUILDINGS.



## Goal 3:

Provide sufficient, high quality, safe and well-maintained equipment, facilities and fields for all sports and activities across the district.

### *Indicator of Effectiveness:*

- **Quarterly progress reports** indicating all maintenance, repairs and replacements happen as scheduled.





# Strategies and Action Steps

- ✓ DEVELOP PROTOCOL FOR ADVERTISING FACILITY AVAILABILITY AND A STREAMLINED PROCESS FOR OUTSIDE GROUPS TO SCHEDULE.
- ✓ INVENTORY AND INSPECT ALL FACILITIES DISTRICTWIDE USED FOR ATHLETICS AND CO-CURRICULAR ACTIVITIES AND DEVELOP A REPAIR/REPLACE SCHEDULE BASED ON PRIORITY.
- ✓ DEVELOP ONGOING FUNDING PLAN FOR FACILITIES (I.E., SELL ADVERTISING OR NAMING RIGHTS OF FIELDS AND FACILITIES, HOST FOOD TRUCKS AT DIFFERENT EVENTS WITH FUNDS SPLIT TO SUPPORT FACILITIES UPKEEP).
- ✓ INCREASE OFFERING OF THE POOL FOR EVENING AND WEEKEND SWIM LESSONS TAUGHT BY THE HIGH SCHOOL STUDENTS. LIFEGUARDING CERTIFICATION CLASSES COULD ALSO BE AVAILABLE.



## Goal 4:

Develop a mentoring program and additional leadership opportunities for coaches, advisors and students to increase connections to each other and to school.

### *Indicator of Effectiveness:*

- **100% of students** surveyed will report feeling connected to at least one adult at school.



# Strategies and Action Steps

- ✓ RESEARCH MENTORING PROGRAMS IN OTHER SCHOOLS, STATES OR NATIONAL ORGANIZATIONS.
- ✓ DEFINE THE CASD MENTORING/LEADERSHIP PROGRAM FOR STUDENTS AND COACHES/ADVISORS AND DETERMINE CRITERIA FOR ACCEPTANCE.
- ✓ DEVELOP PROTOCOL FOR THE FUNCTIONING OF THE STUDENT MENTORING PROGRAM AND THE COACH/ADVISOR MENTORING PROGRAM (I.E., WHAT KINDS OF ACTIVITIES WILL THEY ENGAGE IN? HOW FREQUENTLY WILL THEY MEET? HOW WILL AN OUTCOME BE MEASURED?).
- ✓ PROVIDE TRAINING TO MENTORS.
- ✓ DEVELOP A LEADERSHIP COUNCIL WITH STUDENT REPRESENTATION FROM ALL CO-CURRICULAR PROGRAMS TO ADDRESS ISSUES OF DIVERSITY, ACCEPTANCE AND SERVICE TO THE COMMUNITY.

# **PARENT/GUARDIAN AND STUDENT-ATHLETE MEETING**

**MEETING PURPOSE – TO COMMUNICATE INFORMATION REGARDING IMPORTANT INFORMATION FOR THE UPCOMING SEASON(S)**

## **REQUIRED FORMS (PIAA AND CASD)**

**PIAA CIPPE**

**FULL PACKET**

**RECERTIFICATION (WINTER /SPRING ONLY)**

**CASD**

**RAIDER PACKET (EXTRA CURRICULAR CODE OF CONDUCT AND RELEASES)**

**EMERGENCY CARD**

## **EXPECTATIONS**

**STUDENT-ATHLETES**

**COACHES**

## **PROCEDURES**

**TRY OUTS, PLAYING TIME, COMMUNICATION CHAIN**

# PARENT/GUARDIAN AND STUDENT-ATHLETE MEETING

- PIAA REQUIRED PAPERWORK



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## PIAA COMPREHENSIVE INITIAL PRE-PARTICIPATION PHYSICAL EVALUATION

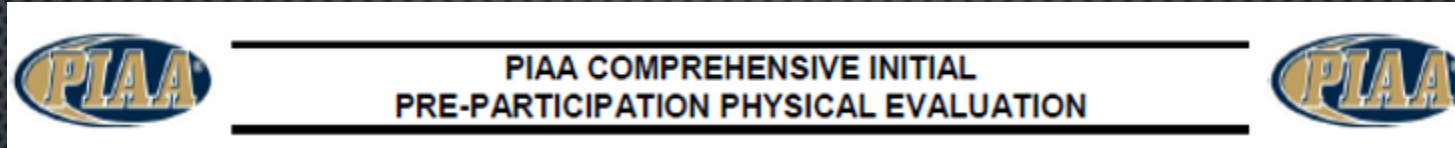
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**INITIAL EVALUATION:** Prior to any student participating in Practices, Inter-School Practices, Scrimmages, and/or Contests, at any PIAA member school in any school year, the student is required to (1) complete a Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE); and (2) have the appropriate person(s) complete the first six Sections of the CIPPE Form. Upon completion of Sections 1 and 2 by the parent/guardian; Sections 3, 4, and 5 by the student and parent/guardian; and Section 6 by an Authorized Medical Examiner (AME), those Sections must be turned in to the Principal, or the Principal's designee, of the student's school for retention by the school. The CIPPE may not be authorized earlier than June 1<sup>st</sup> and shall be effective, regardless of when performed during a school year, until the latter of the next May 31<sup>st</sup> or the conclusion of the spring sports season.

**SUBSEQUENT SPORT(S) IN THE SAME SCHOOL YEAR:** Following completion of a CIPPE, the same student seeking to participate in Practices, Inter-School Practices, Scrimmages, and/or Contests in subsequent sport(s) in the same school year, must complete Section 7 of this form and must turn in that Section to the Principal, or Principal's designee, of his or her school. The Principal, or the Principal's designee, will then determine whether Section 8 need be completed.

# PARENT/GUARDIAN AND STUDENT-ATHLETE MEETING



PIAA physical (section 6 – Health History, section 7 medical authorization) dated June 1st of current school year or later (These sections get scanned into the system and the only paper copies needed).

\*The following sections are through the **online registration process (Family ID)**

PIAA section 1 completed in entirety by parent/guardian

PIAA section 2 completed and signed in entirety by parent/guardian

PIAA section 3,4,5, 6 signed by both parent/guardian and student



# PARENT/GUARDIAN AND STUDENT-ATHLETE MEETING

- CASD REQUIRED PAPERWORK (RAIDER PACKET) – NEEDS STUDENT-ATHLETE AND PARENT SIGNATURES COMPLETED THROUGH THE ONLINE REGISTRATION PROCESS (FAMILY ID) LOCATED AT
  - [2023.2024 MIDDLE SCHOOL FAMILY ID SPORTS REGISTRATION \(GRADES 7-8\)](#)
  - [2023.2024 HIGH SCHOOL FAMILY ID SPORTS REGISTRATION \(GRADES 9-12\)](#)
    - ATTENDANCE INFORMATION
    - ACADEMIC ELIGIBILITY INFORMATION
      - REPORT CARDS (MARKING PERIOD GRADE AND FINAL GRADES DETERMINED ELIGIBILITY FOR NEXT GRADING PERIOD)
      - WEEKLY (WED AND FRI) – TEACHERS ARE THE DECIDING FACTORS, ANY CHANGES MUST GO THROUGH THEM
    - CODE OF CONDUCT
    - MEDIA RELEASE
    - INSURANCE
- EMERGENCY PROCEDURE CARD (PRINTED FROM FAMILY ID)

# STUDENT EXPECTATIONS

- **CONGRATULATIONS**

- **BEING A STUDENT-ATHLETE IS ONE OF THE BIGGEST HONORS THAT A STUDENT AT COATESVILLE CAN HAVE. THAT BEING SAID IT COMES WITH MUCH RESPONSIBILITY.**
- **PURPOSE OF MEETING – TO OUTLINE AND CLEARLY COMMUNICATE OUR EXPECTATIONS TO BE PROACTIVE FOR YOU TO HAVE THE BEST EXPERIENCE POSSIBLE DURING YOUR SPECIFIC SPORT AND IN SCHOOL**

- **ATTENDANCE:**

- **SCHOOL (TO BE ELIGIBLE EACH DAY – YOU MUST BE IN PRIOR TO 11:00AM)**
- **CLASS (BE ON TIME – EVERY CLASS)**
- **PRACTICES / GAMES (BE EARLY AND BE PREPARED FOR THE GAME – EX: TRAINERS, PRE PRACTICE ROUTINES) ATTEND EACH PRACTICE AND COMMUNICATE WITH YOUR COACH ABOUT ANYTHING THAT MAY NEED TO CAUSE YOU TO BE LATE OR MISS A PRACTICE. YOU SHOULD NOT BE LATE OR MISS WITHOUT YOUR COACH KNOWING IN ADVANCE**

# STUDENT EXPECTATIONS

- **ACADEMICS**

- **TO BE ELIGIBLE YOU MUST MEET THE EXPECTATIONS OF THE CASD AND PIAA ON A WEEKLY BASIS (IF YOU ARE NOT PASSING 2 CLASSES WITH ONE BEING A MAJOR YOU WILL BE INELIGIBLE FROM THE FOLLOWING SUN – SAT. THE LIST IS RELEASED ON FRIDAYS – SO BE SURE YOU COMMUNICATE EVERY WEEK WITH YOUR TEACHERS AND KNOW YOUR GRADE EVERY WED SO THERE ARE NO SURPRISES FOR YOU, YOUR PARENTS, COACHES, AND TEAMMATES.**
- **BE A LEADER IN THE CLASSROOM AND ON THE PLAYING SURFACE – PARTICIPATE IN YOUR CLASSES AND DEMONSTRATE PRIDE IN ALL THAT YOU DO, STRIVE TO BE THE BEST STUDENT FIRST THEN THE BEST ATHLETE.**

- **EXPECTATIONS**

- **SCHOOL – YOU ARE EXPECTED TO BE A LEADER BY DOING IT RIGHT, DOING YOUR BEST, AND TREATING OTHERS THE WAY YOU WANT TO BE TREATED. YOUR PEERS ARE WATCHING AND LOOKING UP TO YOU – DO THE RIGHT THING**
- **OUT OF SCHOOL – DO THE RIGHT THING WHEN YOU THINK NOBODY IS WATCHING (BECAUSE CHANCES ARE – SOMEBODY IS WATCHING \*\*\*\*SOCIAL MEDIA/ELECTRONIC DEVICES)**
- **EVENTS – REPRESENT YOURSELF, YOUR FAMILY, AND OUR SCHOOL AND COMMUNITY WITH PRIDE. LEAVE AWAY VENUES BETTER THAN HOW YOU FOUND THEM. BE CONSCIENTIOUS OF LEAVING A POSITIVE IMPRESSION WITH OTHER SCHOOLS AND VISITORS.**
- **IF FOR ANY REASON THAT YOU DO NOT MEET OUR EXPECTATIONS OF A STUDENT ATHLETE REPRESENTING OUR SCHOOL AND COMMUNITY, THEN YOU WILL LOSE THAT PRIVILEGE. TAKE ADVANTAGE OF THE OPPORTUNITY TO MAKE A DIFFERENCE IN YOUR LIFE AND SOMEONE ELSE (POSITIVE)**
- **LEARN THE GAME – IF YOU ARE 9<sup>TH</sup> OR JV, ATTEND THE VARSITY GAMES TO WATCH AND LEARN. SIT TOGETHER AND BE THERE FOR THE RIGHT REASON – TO BE READY TO STEP INTO A ROLE NEXT YEAR OF THE NEXT LEVEL. IF VAR – STUDY TO TAKE IT BEYOND HS.**

# STUDENT EXPECTATIONS

- **THE BIG PICTURE**

- **YOUR SUCCESS – HOW ARE YOU BECOMING A BETTER STUDENT AND A BETTER ATHLETE EVERY DAY? HOW ARE YOU MAKING OUR SCHOOL BETTER EVERY DAY?**
- **BE A ROLE MODEL – YOUR RESPONSIBILITY OF A STUDENT ATHLETE IN COATESVILLE COMES WITH THE RESPONSIBILITY OF BEING A POSITIVE ROLE MODEL FOR OUR YOUNGER STUDENTS IN THE COMMUNITY. THEY LOOK UP TO YOU AND EVEN MORE SO AS YOU REFINE YOUR TALENTS AND RECEIVE MORE EXPOSURE THROUGHOUT THE NEXT 2-3 YEARS.....GET IN THE MINDSET OF BEING A ROLE MODEL NOW.**
- **WIN – PRACTICE HARD, PAY ATTENTION TO THE DETAILS AND LISTEN TO YOUR COACHES AND FOLLOW THEIR DIRECTIONS. LOSING IS DIFFICULT, HOWEVER IT WILL HAPPEN AND WE WILL DO IT RESPECTFULLY AND WILL TREAT OUR OPPONENTS AND OFFICIALS WITH RESPECT.**

# STUDENT EXPECTATIONS -SPORTSMANSHIP

**AS AN ATHLETE AT OUR SCHOOL, YOUR SPORTSMANSHIP GOALS SHOULD INCLUDE:**

- \* DEVELOPING A SENSE OF DIGNITY UNDER ALL CIRCUMSTANCES;**
- \* RESPECTING THE RULES OF THE CONTEST, THE OFFICIALS WHO ADMINISTER THE RULES AND THEIR DECISIONS;**
- \* RESPECTING OPPONENTS AS FELLOW STUDENTS AND ACKNOWLEDGING THEM FOR STRIVING TO DO THEIR BEST WHILE YOU SEEK TO DO YOUR BEST AT THE SAME TIME;**
- \* LOOKING AT ATHLETIC PARTICIPATION AS A POTENTIALLY BENEFICIAL LEARNING EXPERIENCE, WHETHER YOU WIN OR LOSE;**
- \* EDUCATING OTHER STUDENTS AND FANS TO UNDERSTAND THE RULES OF THE CONTEST, AND THE VALUE OF SPORTSMANSHIP;**
- \* ACCEPTING THE PERSONAL RESPONSIBILITY THAT COMES WITH YOUR ACTIONS ON THE COMPETITION SURFACE.**

# PARENT EXPECTATIONS -SPORTSMANSHIP

THERE IS A VALUE SYSTEM -- ESTABLISHED IN THE HOME, NURTURED IN THE SCHOOL -- THAT YOUNG PEOPLE ARE DEVELOPING. THEIR INVOLVEMENT IN CLASSROOM AND OTHER ACTIVITIES CONTRIBUTES TO THAT DEVELOPMENT. INTEGRITY, FAIRNESS, AND RESPECT ARE LIFETIME VALUES TAUGHT THROUGH ATHLETICS, AND THESE ARE THE PRINCIPLES OF GOOD SPORTSMANSHIP.

WITH THEM, THE SPIRIT OF THE COMPETITION THRIVES, FUELED BY HONEST RIVALRY, COURTEOUS RELATIONS, AND GRACEFUL ACCEPTANCE OF THE RESULTS.

WORKING TO THAT END, WE ARE JOINING WITH PIAA IN SUPPORT OF SPORTSMANSHIP:

A GOOD SPORT, WHETHER A STUDENT OR A PARENT, IS A TRUE LEADER WITHIN THE SCHOOL AND THE COMMUNITY. AS

## **A PARENT OF A STUDENT, YOUR SPORTSMANSHIP GOALS SHOULD INCLUDE:**

- \* REALIZING THAT ATHLETICS ARE PART OF THE EDUCATIONAL EXPERIENCE, AND THE BENEFITS OF INVOLVEMENT GO BEYOND THE FINAL SCORE OF A CONTEST;
- \* ENCOURAGING OUR STUDENTS TO PERFORM THEIR BEST, JUST AS WE WOULD URGE THEM ON WITH THEIR CLASSWORK, KNOWING THAT OTHERS WILL ALWAYS TURN IN BETTER OR LESSER PERFORMANCES.
- \* PARTICIPATING IN POSITIVE CHEERS THAT ENCOURAGE OUR ATHLETES; AND DISCOURAGING ANY CHEER THAT WOULD REDIRECT THAT FOCUS;

# PARENT EXPECTATIONS -SPORTSMANSHIP

\* ENCOURAGING OUR STUDENTS TO PERFORM THEIR BEST, JUST AS WE WOULD URGE THEM ON WITH THEIR CLASSWORK, KNOWING THAT OTHERS WILL ALWAYS TURN IN BETTER OR LESSER PERFORMANCES.

\* PARTICIPATING IN POSITIVE CHEERS THAT ENCOURAGE OUR ATHLETES; AND DISCOURAGING ANY CHEER THAT WOULD REDIRECT THAT FOCUS;

\* LEARNING, UNDERSTANDING, AND RESPECTING THE RULES OF THE CONTEST, THE OFFICIALS WHO ADMINISTER THEM AND THEIR DECISIONS;

\* RESPECTING THE TASK OUR COACHES FACE AS TEACHERS; AND SUPPORTING THEM AS THEY STRIVE TO EDUCATE OUR YOUTH;

\* RESPECTING OUR OPPONENTS AS STUDENTS, AND ACKNOWLEDGING THEM FOR STRIVING TO DO THEIR BEST;

\* DEVELOPING A SENSE OF DIGNITY UNDER ALL CIRCUMSTANCES.

\* BE A FAN ... NOT A FANATIC!

**YOU CAN HAVE A MAJOR INFLUENCE ON YOUR YOUNGSTER'S ATTITUDE ABOUT ACADEMICS AND ATHLETICS. THE LEADERSHIP ROLE YOU TAKE IN SPORTSMANSHIP WILL HELP INFLUENCE YOUR CHILD, AND OUR COMMUNITY, FOR YEARS TO COME.**

\*WE LOOK FORWARD TO SERVING YOU IN THE YEAR AHEAD, AND APPRECIATE YOUR CONTINUED SUPPORT.

# EXPECTATIONS OF COACHES

- PROFESSIONALS
- DEVELOP PRACTICE PLANS THAT ENGAGE OUR STUDENT-ATHLETES AT PRACTICES
- SAFETY
- SUPERVISION AND ACCOUNTABILITY OF STUDENT –ATHLETES
  - (PRE/DURING/AFTER PRACTICES AN EVENTS)
- PROVIDE PROPER INSTRUCTION AND SAFE EQUIPMENT/CONDITIONS
- BUILD SUCCESSFUL PROGRAMS THAT ASSIST IN DEVELOPING SKILLS THAT STUDENTS CAN USE BEYOND HIGH SCHOOL (K-12 AND BEYOND)
- COMMUNICATE



# PROCEDURES

- **TEAM SELECTION PROCESS**

- **STRUCTURED – MULTIPLE DAYS WITH SUFFICIENT EVALUATION OPPORTUNITIES**
- **ANY STUDENT –ATHLETE NOT MAKING A TEAM SHOULD BE GIVEN THE OPPORTUNITY TO DISCUSS WITH THE COACHING STAFF OF THE REASONS OF NOT BEING SELECTED (WHAT CAN THEY DO FOR FUTURE CONSIDERATION)**

- **PLAYING TIME**

- **COACHES ARE HIRED AND CONSIDERED AS EXPERTS IN THAT SPECIFIC SPORT AND ARE THE PRIMARY DECISION MAKERS ON THE ROLES OF THE STUDENT-ATHLETES ON THEIR TEAMS**
- **PLAYING TIME OR THESE ROLES WILL NOT BE DISCUSSED OR ENTERTAINED BY ADMINISTRATION**
- **SENIOR NIGHTS – FOR TEAMS THAT HOLD THESE RECOGNITION NIGHTS, THEY ARE JUST THAT – A WAY TO HONOR THE SENIOR MEMBERS OF THE PROGRAM TYPICALLY AT A PRE-GAME OR HALF TIME CEREMONY. **THESE NIGHTS DO NOT MEAN THAT SENIORS WILL PLAY IN THE GAME OR START THE GAME****

# PROCEDURES

- **CONCERNS / QUESTIONS**

- **STUDENT-ATHLETES - COACH(ES)**
- **STUDENT-ATHLETES – PARENTS- COACH(ES) (MAKE APPT. WITH COACH, DO NOT APPROACH THEM IMMEDIATELY PRIOR TO OR AFTER PRACTICES/GAMES)**
  - **DOCUMENT ANY MEETINGS AS YOU FEEL NECESSARY**
- **STUDENT-ATHLETE – PARENT-COACH(ES) – DIRECTOR OF ATHLETICS, ACTIVITIES, COMPLIANCE**
- **STUDENT-ATHLETE – PARENT-COACH(ES) – DIRECTOR OF ATHLETICS, ACTIVITIES, COMPLIANCE- PRINCIPAL**

- **TRANSPORTATION TO AND FROM EVENTS**

- **ALL STUDENT-ATHLETES MUST TRAVEL TO AND FROM COMPETITIONS VIA THE PROVIDED TRANSPORTATION PROVIDED BY THE DISTRICT INCLUDING MIDDLE SCHOOL**
  - **EXCEPTIONS WILL BE CONSIDERED BUT MUST BE SUBMITTED IN ADVANCE IN WRITING (SHOULD BE FEW)**
  - **NOTE NEEDS TO BE SIGNED BY PRINCIPAL AND DIRECTOR OF ATHLETICS/ACTIVITIES THEN RETURNED TO THE STUDENT-ATHLETE TO PRESENT TO THE COACH**
  - **NOTE- A DAILY TRANSPORTATION PLAN WILL BE FINALIZED IN THE NEAR FUTURE FOR MIDDLE SCHOOL. (Ex: MOST TEAMS WILL BE PRACTICING/PLAYING AT NORTH CAMPUS)**

# WARNINGS

**THERE ARE INHERENT RISKS INVOLVED WITH EVERY SPORT. THESE RISKS INCLUDE MUSCULOSKELETAL INJURIES, SKIN INFECTIONS, CONCUSSIONS AND EVEN DEATH.**

**COACHES AND OUR CERTIFIED ATHLETIC TRAINERS ARE TO ALTER OR STOP ANY PRACTICE OR SITUATION THAT MAY BE DEEMED AS UNSAFE (AND TO PROPERLY PLAN INSTRUCTION AND APPROPRIATE TECHNIQUES TO PROGRESS FROM BASIC TO MORE COMPLICATED AS PLAYERS DEVELOP IN AGE AND SKILL LEVEL)**

**PROVIDE INJURY CARE AS NEEDED (COACHES AND ATC)**

**EMERGENCY SITUATIONS ARISE – IN WHICH EMERGENCY PLANS ARE TO BE FOLLOWED**

# ATHLETIC TRAINERS – PROVIDED BY THE LANCASTER GENERAL MEDICAL GROUP (PENN MEDICINE)

## **Ms. Courtney Kruscavage - Athletic Trainer**

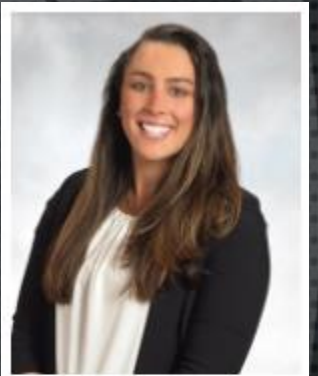
Ms. Kruscavage has a B.S in Health Science from Moravian College and a Master's of Science and Athletic Training. Prior to CASD, Courtney worked as an Athletic Trainer at multiple high schools and professional leagues. Most recently she served as Assistant Athletic Trainer at St. James High School in Murrells Inlet, South Carolina. She is also a registered CPR Instructor through the American Heart Association.

[courtney.kruscavage@pennteam.upenn.edu](mailto:courtney.kruscavage@pennteam.upenn.edu)

## **Mr. Jack Bixler - Athletic Trainer**

Mr. Bixler has a B.S in Athletic Training from Springfield College and a M.S. in Post Professional Athletic Training from West Chester University. While obtaining his M.S, Jack worked as a Graduate Athletic Trainer at Chesnut Hill College for Women's Soccer & Women's Lacrosse. Along with his graduate position, Jack also had an athletic training internship with the Pittsburgh Steelers in the summer of 2022.

[jack.bixler@pennteam.upenn.edu](mailto:jack.bixler@pennteam.upenn.edu)



# CONCUSSIONS

## WHAT IS A CONCUSSION?

- A CONCUSSION IS A TRAUMATIC BRAIN INJURY (TBI) THAT CAN BE CAUSED BY EITHER A DIRECT OR INDIRECT BLOW TO THE HEAD OR BODY, RESULTING IN IMPAIRED BRAIN FUNCTION. **ALL CONCUSSIONS ARE SERIOUS AND CAN RESULT IN PERMANENT/PROLONGED BRAIN DAMAGE OR DEATH IF NOT RECOGNIZED AND MANAGED PROPERLY.** MOST SPORTS RELATED CONCUSSIONS OCCUR **WITHOUT** A LOSS OF CONSCIOUSNESS AND THE SIGNS AND SYMPTOMS MAY APPEAR IMMEDIATELY FOLLOWING THE INJURY, HOURS AFTER THE INJURY, OR EVEN DAYS AFTER THE INJURY.

# CONCUSSIONS – SIGNS AND SYMPTOMS

## SYMPTOMS OF A CONCUSSION MAY INCLUDE, BUT ARE NOT LIMITED TO:

- HEADACHES
- NECK PAIN
- MEMORY PROBLEMS
- “DON’T FEEL RIGHT”
- NAUSEOUSNESS
- DROWSINESS
- PRESSURE IN HEAD
- CONFUSION
- BALANCE PROBLEMS
- SADNESS
- NERVOUS/ANXIOUS
- SENSITIVITY TO LIGHT
- SENSITIVITY TO NOISE
- FEELING IN A FOG
- IRRITABILITY
- DIZZINESS
- DIFFICULTY CONCENTRATING

## SIGNS OF A CONCUSSION MAY INCLUDE, BUT ARE NOT LIMITED TO:

- APPEARING DAZED
- VACANT OR BLANK FACIAL EXPRESSION
- FORGETTING PLAYS
- SLURRED SPEECH
- CONFUSED ABOUT POSITION/ASSIGNMENT
- VOMITING
- BEHAVIORAL CHANGES
- CAN’T RECALL EVENTS BEFORE/AFTER
- UNSURE OF GAME
- DISPLAYING A LACK OF COORDINATION

# CONCUSSIONS – PROTOCOL

## WHAT IS THE CONCUSSION PROTOCOL?

ONCE A CONCUSSION PROGNOSIS IS MADE, THE ATHLETE WILL UNDERGO DAILY FOCUSED MEDICAL EXAMINATIONS TO MONITOR THE COURSE OF THE RECOVERY BY THE ATHLETIC TRAINING STAFF. THE ATHLETE IS ALSO REQUIRED TO BE CLEARED BY AN APPROPRIATE MEDICAL PROFESSIONAL IN ORDER TO BEGIN THE 5 STAGE RETURN TO PLAY (RTP). ATHLETES WHO HAVE A HISTORY OF CONCUSSIONS OR WHO DO NOT SHOW A TYPICAL RETURN TO FUNCTION AFTER INJURY WILL BE REFERRED TO A NEUROLOGIST FOR FURTHER EXAMINATION, ADDITIONAL TREATMENTS AND/OR ADDITIONAL THERAPIES.

\*AN APPROPRIATE MEDICAL PROFESSIONAL IS DEFINED AS:

- ANY LICENSED PHYSICIAN WHO IS TRAINED IN THE EVALUATION AND MANAGEMENT OF CONCUSSIONS
- A CERTIFIED HEALTHCARE PROFESSIONAL TRAINED AND UNDER THE DIRECTION OF AN APPROPRIATELY LICENSED/TRAINED PHYSICIAN

AN EMERGENCY ROOM, URGENT CARE, MINUTE CLINIC OR FAMILY PHYSICIAN EVALUATION IS NOT CONSIDERED AN APPROPRIATE MEDICAL PROFESSIONAL FOR CONCUSSIONS UNLESS OTHERWISE SPECIFIED BY THE ATHLETIC TRAINING STAFF. ATHLETES WITH SUSPECTED CONCUSSIONS ARE ALSO NOT TO BE TREATED OR EVALUATED BY FAMILY MEMBERS, EVEN IF THEY ARE A PROPERLY LICENSED/TRAINED PHYSICIAN.

# CONCUSSIONS – RETURN TO PLAY STAGES

- **WHAT IS THE 5 STAGE RETURN TO PLAY?**
- ATHLETES ARE NOT TO PARTICIPATE IN ANY PHYSICAL ACTIVITIES WHILE THEY ARE SYMPTOMATIC. ONCE AN ATHLETE IS SYMPTOM FREE FOR 24 CONSECUTIVE HOURS AND HAS A WRITTEN CLEARANCE NOTE FROM AN APPROPRIATE MEDICAL PROFESSIONAL, THEY MAY BEGIN THE RTP. ATHLETES MUST ALSO REMAIN SYMPTOM FREE THROUGHOUT THE RTP PROCESS. IF AN ATHLETE DEVELOPS SYMPTOMS AFTER A STAGE OF THE RTP, THEY ARE TO WAIT UNTIL THEY ARE SYMPTOM FREE FOR 24 CONSECUTIVE HOURS, AND THEY MAY REPEAT THE STAGE THAT CAUSED SYMPTOMS.
- **STAGE 1:** MODERATE PACE JOG/RUN/BIKE (70% MAX VO<sub>2</sub>) FOR 20 CONSECUTIVE MINUTES
- **STAGE 2:** PLYOMETRIC EXERCISES OR MODERATE INTENSITY JOGGING/BIKING (TARGET HR 140-170 BPM)
- **STAGE 3:** NON-CONTACT TRAINING DRILLS AND LIGHT/MODERATE RESISTANCE TRAINING AT PRACTICE
- **STAGE 4:** FULL CONTACT PRACTICE
- **STAGE 5:** RETURN TO PLAY: ATHLETES WILL NOT BE PERMITTED TO PLAY IN A GAME UNLESS THEY HAVE COMPLETED A FULL CONTACT PRACTICE WITH NO SYMPTOMS.



# INJURIES AND TRAINING ROOM INFORMATION

## MEDICAL EMERGENCIES:

- LOSS OF CONSCIOUSNESS
- BREATHING PROBLEMS/RESPIRATORY DISTRESS
- DISPLACED/DISLOCATED JOINTS
- DISPLACED FRACTURES

IF AN ATHLETE IS SEEN BY A PHYSICIAN FOR ANY REASON, A NOTE CLEARING THEM FOR SPORTS IS REQUIRED BEFORE WE WILL LET THEM BACK OUT ON THE FIELD.

GAME TICKETS : [WWW.CASDSCHOOLS.ORG/ATHLETICS](http://WWW.CASDSCHOOLS.ORG/ATHLETICS)



GET YOUR  
**TICKETS  
ONLINE**

SCAN QR CODE  
TO PURCHASE  
TICKETS NOW



OR DOWNLOAD THE  
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HomeTownTix

Powered by **HOMETOWN**

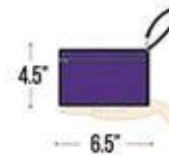
## ALLOWED



**CLEAR TOTE**  
PLASTIC, VINYL OR PVC AND  
DO NOT EXCEED 14" X 6" X 14"



**PLASTIC STORAGE BAG**  
1 GALLON  
RE-SEALABLE, CLEAR



**SMALL CLUTCH BAG**

## NOT ALLOWED



OUTSIDE FOOD/DRINKS



BACKPACK



CLEAR BACKPACK



DIAPER BAG



FANNY PACK



CONCEALED WEAPONS



CAMERA CASE



PETS



LAWN CHAIRS



BINOCULARS CASE



TINTED PLASTIC BAG



PURSE

# MIDDLE SCHOOL ATHLETICS



## M.S. FALL SPORTS

ANY MIDDLE SCHOOL STUDENT-ATHLETE INTERESTED IN PARTICIPATING IN A FALL SPORT:

ON MONDAY AUGUST 28TH THE FOLLOWING MIDDLE SCHOOL SPORTS WILL START: FOOTBALL, FIELD HOCKEY, B/G SOCCER

ON TUESDAY AUGUST 29TH THE FOLLOWING MIDDLE SCHOOL SPORTS WILL START: CHEER AND CROSS COUNTRY

7TH GRADE FOOTBALL PLAYERS WILL GET DISMISSED EARLY FROM SCHOOL AT 1:50 TO GO DIRECTLY TO BUS 124 OUTSIDE OF NORTH AND BROUGHT DOWN TO CAMPUS WILL MEET A COACH WHICH THEN WILL BRING THEM INTO THE LOCKER ROOM.

8TH GRADE MIDDLE SCHOOL ATHLETES FOR CHEER, CROSS COUNTRY, FIELD HOCKEY AND B/G SOCCER WILL GET DISMISSED EARLY FROM SCHOOL AT 2:00

TO GO DIRECTLY TO BUS 124 WHICH WILL BE WAITING IN THE STADIUM PARKING LOT TO TAKE THEM UP TO NORTH.

- \* FOOTBALL WILL GET PICKED UP FROM GUARDIANS ON CAMPUS.
- \* ALL OTHER MIDDLE SCHOOL SPORTS WILL GET PICKED UP AT NORTH.

## M.S. FALL SPORTS

COACHES INFORMATION:

**CHEER:** PAM TULL (TULLP@CASDSCHOOLS.ORG)

**CROSS COUNTRY:** JONAH GELLNER AND JOHN AUBERZINSKY  
(GELLNERJ@CASDSCHOOLS.ORG  
AUBERZINSKYJ@CASDSCHOOLS.ORG)

**FIELD HOCKEY:** MIKE VENTRELLA  
(MPVENT@YAHOO.COM)

**FOOTBALL:** MALCOLM CRAIG AND DANNY GLASS  
(MALCRAIG17@GMAIL.COM  
DANNYGLASS97@GMAIL.COM)

**GIRLS SOCCER:** KYLE CARROZZA  
(KYLECARROZZA4@GMAIL.COM)

**BOYS SOCCER:** MATT HANDERHAN AND ALAIN FOSTER  
(HANDERHANM@CASDSCHOOLS.ORG  
FOSTER.ALAIN@VERZION.NET)

MIDDLE SCHOOL ATHLETIC DIRECTOR:  
LISA LUCIANI  
(LUCIANIL@CASDSCHOOLS.ORG)

# MIDDLE SCHOOL ATHLETICS

## Interested in Middle School Sports?!



### What is Available?

#### FALL:

Cross Country  
Field Hockey  
Football  
Soccer  
Cheer



#### Winter:

Basketball  
Cheer  
Wrestling

#### Spring:

Baseball  
Lacrosse  
Softball  
Track

#### What Needs to be completed to Participate:

•Register on FAMILY ID: <https://www.familyid.com/programs/middle-school-fall-athletic-registration-cippe-2023-24>

•PIAA Sports Physical dated after June 1st 2023 (forms are online)



#### When Official Practices Start for WINTER:

•Third Week of November until Mid February  
-Girls Basketball: 3rd  
•Week of November until Mid January  
-Boys Basketball: 2nd  
•Week of January until Mid February

#### When Official Practices Start for SPRING:

•Second Week of March until Early May



#### When Official Practices Start for FALL:

•First Week of School until Mid October

### Who to Contact:

**Cheerleading:** 7th Grade: Pam Tull: [tullp@casdschools.org](mailto:tullp@casdschools.org)  
8th Grade: Pending

**Cross Country:** Jonah Gellner: [gellnerj@casdschools.org](mailto:gellnerj@casdschools.org)

**Field Hockey:** Mike Ventrella: [mpvent@yahoo.com](mailto:mpvent@yahoo.com)

**Football:** Malcolm Craig: [malcraig17@gmail.com](mailto:malcraig17@gmail.com)

**Girls Soccer:** Kyle Carrozza ; [kylecarrozza4@gmail.com](mailto:kylecarrozza4@gmail.com);

**Boys Soccer:** Matt Handerhan: [handerhanm@casdschools.org](mailto:handerhanm@casdschools.org);  
Alain Foster: [foster.alain@verizon.net](mailto:foster.alain@verizon.net)

**Girls Basketball:** 7th Grade: Dawn Sweeney: [dawnsweeney13@gmail.com](mailto:dawnsweeney13@gmail.com)  
8th Grade: Eric McCain: [emccain86@gmail.com](mailto:emccain86@gmail.com)

**Boys Basketball:** 7th Grade: Eric McCain: [emccain86@gmail.com](mailto:emccain86@gmail.com)  
8th Grade: Gary Duncan: [garyduncanjr3@gmail.com](mailto:garyduncanjr3@gmail.com)

**Wrestling:** Tony DeLuca: [tonydeluca3312@gmail.com](mailto:tonydeluca3312@gmail.com)

**Softball:** Shelly McAllister: [mcallisters@casdschools.org](mailto:mcallisters@casdschools.org)

**Baseball:** 7th Grade Tom Nicholas : [nicholast@casdschools.org](mailto:nicholast@casdschools.org);  
8th Grade Cole Strickland: [cole@youthmp.org](mailto:cole@youthmp.org)

**Track and Field:** Malcolm Craig: [malcraig17@gmail.com](mailto:malcraig17@gmail.com)



**Girls Lacrosse:** Darlene Colletti: [collettid@casdschools.org](mailto:collettid@casdschools.org)

**Boys Lacrosse:** Tommy Belmont: [tommy@youthmp.org](mailto:tommy@youthmp.org)





THANK YOU!!!

WE HOPE THAT YOUR SON/DAUGHTER HAS A GREAT SEASON AND WE LOOK FORWARD TO SEEING OUR TEAMS COMPETE AND REPRESENT OUR SCHOOL WITH PRIDE! PLEASE SUPPORT OUR TEAMS IN A POSITIVE AND COURTEOUS MANNER AND WE ENCOURAGE YOUR PARTICIPATION IN ONE OF OUR MANY BOOSTER CLUBS!!